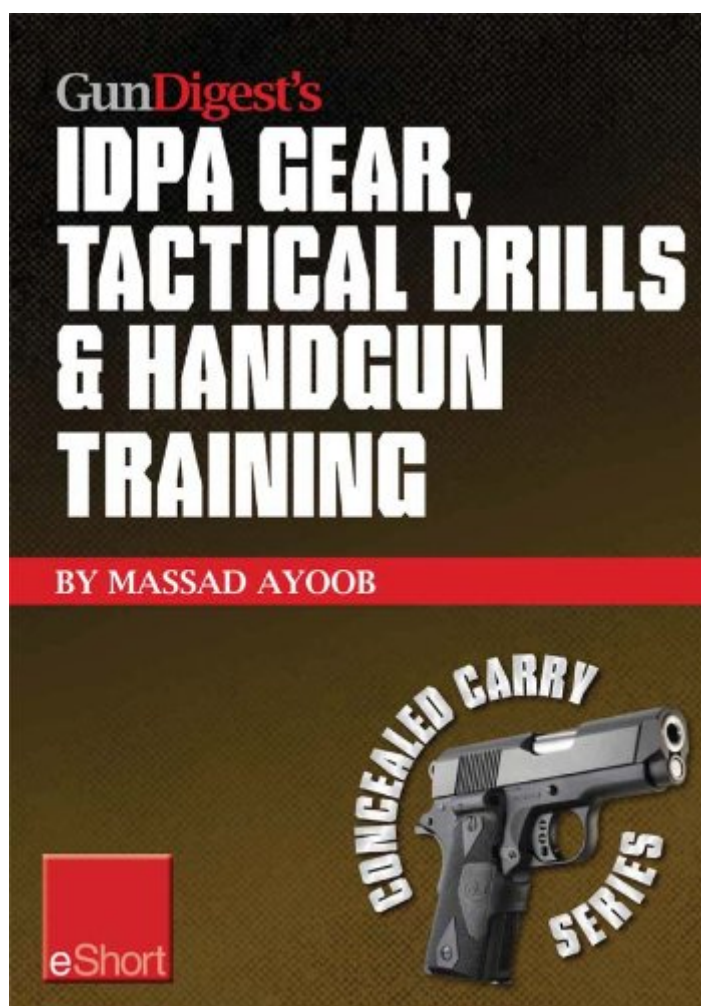


The book was found

Gun Digest's IDPA Gear, Tactical Drills & Handgun Training EShort: Train For Stressfire With Essential IDPA Drills, Handgun Training Advice, Concealed ... CCW Exercises. (Concealed Carry EShorts)





Synopsis

In this excerpt from the Gun Digest Book of Concealed Carry, Massad Ayoob says that International Defensive Pistol Association (IDPA) matches hone your CCW skills. They require you to move, draw and shoot in a simulated stress environment.

Book Information

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Customer Reviews

The title is very misleading (unless I did not get a complete download of the eshort). There are no "Train for stressfire with essential IDPA drills, handgun training advice, concealed ... CCW exercises" in this eshort. There are some techniques and drills mentioned, but none described in detail. There is a ton of name dropping (I'm a newbie and know no one), but no drills or anything. Most of the information in this document is available on any IDPA web site for free. According to the credentials given the author is a wonderful guy and accomplished shooter, but (IMHO) don't waste your time or money on this generic discussion of IDPA.

Good but wish it would have been more like the title. I was expecting a series of drills I could run at home or at the range to help hone my skills. I plan to compete and am looking for some insider

information regarding it.

I have the greatest respect for Massad Ayoob as a gun expert, but this has no content regarding drills or training. This is basically a magazine article explaining why you should go and compete in IDPA. I was already convinced to go compete, I was looking for more information about how to compete. Complete waste of money.

I bought this to read more about IDPA. I enjoyed it and learned more than I thought. Now off to read about Massad Ayoob.

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